



**NETWORK OF  
EXECUTIVE  
WOMEN INC.**

# Contact

*Women Helping Women Succeed*

April 2004

## From the President~

Dear Ladies:

I would like to share with you, a story that was told to Network by Dr. Lisa Montgomery at last year's scholarship luncheon. The story goes like this:

One day a farmer's donkey fell down into a well. The animal cried piteously for hours as the farmer tried to figure out what to do. Finally he decided the animal was old and the well needed to be covered up anyway; it just wasn't worth it to retrieve the donkey. He invited all his neighbors to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realized what was happening and cried horribly. Then, to everyone's amazement, he quieted down. A few shovel loads later, the farmer finally looked down the well and was astonished at what he saw. With every shovel of dirt that hit his back, the donkey was doing something amazing. He would shake it off and take a step up. As the farmer's neighbors continued to shovel dirt on top of the animal, he would shake it off and take a step up. Pretty soon, everyone was amazed as the donkey stepped up over the edge of the well and trotted off!

This month's Network luncheon will honor and award scholarships to 8 fine ladies who have learned that life might shovel dirt on you, all kinds of dirt, but the trick to getting out of the well is to shake it off and take a step up. I hope all of you will attend our scholarship luncheon to meet and learn about these ladies that Network has helped to step up. During the year, all of you have been hearing about supporting our scholarship fund and this is the luncheon where you will be able to see, first hand, for yourselves, what your hard work and support has done. It is truly an emotional, memorable and rewarding experience that you do not want to miss. The first year I attended the Scholarship luncheon, I was moved to tears, realizing all the good that The Network of Executive Women does. I realized for the first time what our motto: "Women Helping Women" really meant.

The month of March, for Network, was very much like the weather. One day was good, and another day, not so good. The good news is that the IRS has approved our tax-exempt status. What this means is that we do not have to file a Federal Income tax return. It does not mean that donors may deduct contributions or gifts to us as a charitable expense. Any contributions, gifts, or dues are deductible as a business expense.

The bad news is that we cancelled our "Spring Into Action" event due the low number of attendees. The Board felt it just wasn't fair to the guest speakers, presenters, vendors and tabletop participants, to hold the event with such a low number of attendees. Perhaps, the date of March 17<sup>th</sup> was one cause of the problem or it may be that our organization should just concentrate on one major event in the fall.

*See President on page 2*

## Luncheon Meeting

**April 6, 2004**

**Aldario's • 12:15 PM**

## Annual Scholarship Luncheon

**Guest Speaker: Carmen Colon, Program Director,  
Families in Transition, Alpha Community Services**  
*(See bio below)*

**\$15.00 per member if your registration is  
received before 5 PM, Friday, April 2, 2004.**

**Late registrations and walk-ins are welcome at the cost  
of \$20. Non-members can come to Network luncheons as a guest  
a maximum of 2 times, after which they must become a member  
in order to attend.**

*(Please have check written out before coming to meeting. If you  
are paying cash, please have the exact amount. Thank you.)*

Members with e-mail: Please RSVP to our website:  
[www.networkofexecutivewomen.net](http://www.networkofexecutivewomen.net)  
or e-mail: [kasparian2@hotmail.com](mailto:kasparian2@hotmail.com)

No e-mail: call Kim Kasparian at 203-333-2452

## Carmen Colon, Program Director, Families in Transition Alpha Community Services

Ms. Carmen Colon was born in Villalba, Puerto Rico and moved to Bridgeport, CT at the age of 5. Raised on the eastside of Bridgeport, she attended the Bridgeport public school system and graduated from Harding High School. She attended Sacred Heart University studying Criminal Justice and Sociology and transferred to Springfield College and graduated with a BS in Human Services in 1999 and a Masters in Social Work College in 2002.

Currently the Program Director for Families In Transition for Alpha Community Services, she is a strong advocate for homeless families operating the only family emergency shelter in Bridgeport. In an effort to promote awareness and fight the plague of homelessness, she started the Annual Walk To End Homelessness in Bridgeport. In a part-time capacity, Carmen is a Clinical Specialist at Family Services Woodfield conducting assessments and preparing clinical case plans.

Carmen is an avid volunteer and conducts voter registration/education. She is a board member for Bridgeport Child Advocacy Coalition (BCAC), Connecticut Coalition to End Homelessness, Daughters of Charity, West End Community Development Corporation and the International Performing Arts Center. Carmen is also a member of Project Blue Print (United Way of Eastern Fairfield County) Alumni Committee, the Greater Bridgeport Latino Network (GBLN), and the Puerto Rican Parade of Fairfield County.

Ms. Colon is the proud parent of two wonderful young men. GianCarlo who is 12 and is in 6th grade at the Unquowa School and Eric, who is 14 and is a freshman at Fairfield Preparatory School.

## Voting Ballot

The following is a list of proposed officers for 2004-2005. To vote these individuals into office, please return this ballot immediately. If you wish to vote in a different manner, write the member's name under the corresponding office and return this ballot.

### PRESIDENT

Helen Moser

Other: \_\_\_\_\_

### VICE PRESIDENT

Christine Gonillo

Other: \_\_\_\_\_

### TREASURER:

Karen White

Other: \_\_\_\_\_

### RECORDING SECRETARY

Debra Woodcock

Other: \_\_\_\_\_

### CORRESPONDING SECRETARY

Carol Raffone

Other: \_\_\_\_\_

### PLEASE RETURN THIS BALLOT TO:

Network of Executive Women  
PO Box 3171  
Milford, CT 06460

Your name please \_\_\_\_\_

## Spotlight on

### Lisa Mizzone – Harbor Lites Hair Design



Harbor Lites Hair Design opened May 9, 2001. The salon is located in the heart of our beautiful downtown Milford at One New Haven Avenue, Harbor Towers. The salon is a full service unisex salon dedicated to excellent customer service.

The services include hair cutting, coloring, chemical straightening and perming, and up-do styling. We also offer full nail service, facials, waxing, eyelash and eyebrow tinting, makeup application and tanning.

There are four full-time stylists and two part-time stylists. There is also a full-time esthetician on staff. The owner, Lisa Mizzone is a master stylist with over 17 professional years in the business. Her staff is constantly educated with the techniques only a professional can provide. The salon also provides an extensive retail area of hair, makeup, skincare and tanning products.

Lisa also advertises great promotional services and gifts. She donates much of her time to homeless shelters, cancer benefits, local charities and fashion shows. She believes that this is where a hairdresser's talent really shines.

The salon is open Tuesday thru Saturday, with three late nights to offer, and most important a 10% discount on entire services are always available to the Network of Executive Women.

### President cont'd from page 1

The Board is exploring and investigating this matter further as to the reason for such low participation.

Also, the Board is considering having just one major fundraiser a year which will be held in the fall and perhaps save springtime for a "fun" and networking event.

It is hard to believe that Network's year is going by so quickly. The Nominating Committee, consisting of Christine Gonillo, Paula Murphy, Carrie Jayne and Joan Heybruck, are proud to present to Network the following slate of officers for 2004-2005:

President	Helen Moser
Vice-President	Christine Gonillo
Treasurer	Karen White
Rec. Secretary	Debra Woodcock
Corres. Secretary	Carol Raffone

It is even more unbelievable that this year Network will be 25 years old. On May 5<sup>th</sup>, at the Stonebridge Restaurant, we will be having our BIG BIRTHDAY BASH. Stay tuned for next month's Contact when we will have more information on the event.

Finally, I would like to share with all of you the 5 simple rules to be happy:

1. Free your heart from hatred.
2. Free you mind from worries.
3. Give more.
4. Expect less.
5. Shake it off and take a step up.

I hope to see you at the Scholarship Luncheon and thank you for supporting Network's Scholarship recipients.

Harriet

## Welcome New members

*Please add these names to your NEW Directory.*

- Joanne Bacevius, Sales Representative  
Liberty Mutual Insurance  
211 State Street Bridgeport 06604  
Tel: 203-333-2399 Fax: 203-333-2373  
E-mail: joanne.bacevius@libertymutual.com  
Website: www.libertymutual.com/lm/joannebacevius
- Jo Ann Granton, Mortgage Consultant  
Countrywide Home Loans  
One New Haven Avenue Milford 06460  
Tel: 203-783-3818 Fax: 203-876-7124  
E-mail: joann\_granton@countrywide.com
- Susan O'Malley, MD, President  
The Aesthetic Care Center  
925 White Plains Road Trumbull 06611  
Tel: 203-459-0670 Fax: 203-459-0689  
Website: www.aestheticcarecenter.com
- Joy Sherman, President  
Ms Motors  
40 Foxon Hill Road #74 New Haven 06513  
Tel: 203-469-6683  
E-mail: joyjsher@hotmail.com  
Website: www.msmtorcars.com

*Please update your membership information*

## About Our Members:

- Heartfelt condolences to Joan Heybruck on the loss of her mother. Our thoughts are with you.
- We wish a speedy recovery to Susan Pavelko following her surgery.

## For Members Only:

You could save hundreds on products and services simply because you are a Network member. The *Contact* will list the names of member companies offering this discount. The following members have agreed to offer a discount to members.

- **Donna Daley – Precision Hearing** – \$400 off on a pair of hearing aids to members and their families – call 381-9555.
- **Judith Gould & Associates Desktop Publishing** – 10% discount on typesetting – call 876-2355.
- **LifeVisions – Personal Coaching** – 10% discount, Organizational Coaching – 15% discount for coaching within your company including individual and group coaching, consulting, workshops and/or retreats. Workshops and Retreats – 10% discount for individuals attending an event. Call Carole Jacoby - 203 878 4191 or e-mail: [carole@lifevisionscoach.com](mailto:carole@lifevisionscoach.com)
- **Helen Moser – A Certified Internet Webmaster**  
Discount: 10% discount on website design, re-design, or maintenance fees. Call 377-3036 or e-mail [hbmoser@WebmasterWebsites.com](mailto:hbmoser@WebmasterWebsites.com)
- **Jocelyn Murray – Marketing & Event Resources** 20% off press release writing and distribution package – call 377-9980.

If you are interested in placing your discount in the newsletter, please contact Judy Gould at [judygould@sbcglobal.net](mailto:judygould@sbcglobal.net) or 203-876-2355.

## Mark your calendars!



### Luncheon Programs

**MAY 4, 2004**

**Women's Health Issues**

presented by

**Dr. Mary Battilocchi,**

**Karen Dobosz, P.T. (Shoreline Physical Therapy)  
and Trish Kramer, RN**

**JUNE 1, 2004**

**Installation of Officers**

## Buy Network Shirts to Help Our Scholarship Fund

Network of Executive Women golf shirts are once again available at our luncheon meetings. They are now only \$15 each. Supply limited. Buy one now.

## Network Directories

The new Directories are available either at the luncheon or you can contact Cathy Gorman who will send you one.

Visit us at our new web address:  
[www.networkofexecutivewomen.net](http://www.networkofexecutivewomen.net)

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – [judygould@sbcglobal.net](mailto:judygould@sbcglobal.net)



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PO Box 3171

Milford, CT 06460-0971

**Scholarship Luncheon April 6  
It's Time to Vote – Ballot Enclosed**