



**NETWORK OF
EXECUTIVE
WOMEN INC.**

Contact

Women Helping Women Succeed

August 2004

From the President~

How many times have you heard or thought, "It's not just *what* you know, it's *who* you know?" That's networking! ...and one of the key reasons most of us joined our dynamic Network.

With almost double our usual luncheon attendance, our unique networking "round robin" was certainly a resounding success! Your feedback was unanimously positive, with much deserved praise for Program Chair Joanne Walsh – and with some excellent suggestions for fine tuning future networking events. You can be sure we'll incorporate your input and schedule structured networking programs periodically throughout the year!

In thinking about networking, I was struck by the fact that the word is net*WORKING* and not net*SOCIALIZING*. So, how effective is *your* networking? When you walk into Aldario's, what influences your choice of a table? Do you search out your friends?...gravitate to familiar faces? ...or do you purposely select a seat next to someone new?

Instead of just tapping into your existing network, why not expand it? Welcome a new member! Greet a guest! Make it a point to sit next to a member you don't know. What better environment is there in which to stretch your networking skills – and to grow your circle of business sources and resources – than within our vibrant group of Women Helping Women?

Speaking of helping women, save the evening of November 3rd (a Wednesday) for a fabulous "Girls Night Out" event. Our Activities Chair, Ann Anderson, and her Committee are finalizing plans for a fantastic program that will combine fun, food, and fundraising. Anyone who has attended past "Girls Nights Out" will attest that you won't want to miss these festivities...or the great sense of pride you'll personally feel when you meet the next group of scholarship recipients who will benefit from the proceeds of this event. [P.S. It's not too late to get involved behind the scenes...so if you'd like to be part of Ann's Committee, don't hesitate to contact her! She can be reached at 459-8901 or ann@roomsreborn.com]

Our August luncheon program focuses on one of today's hottest topics: carbohydrates! Whether you're a carbo-holic or a carbo-phobic, it's sure to be an interesting discussion. See you there!

Helen

Buy Network Shirts to Help Our Scholarship Fund

Network of Executive Women golf shirts are once again available at our luncheon meetings. They are now only \$15 each. Supply limited. Buy one now.

Luncheon Meeting
August 3, 2004

Aldario's • 12:15 PM

The Truth About
Carbohydrates

Speaker: Rebecca Karchere, RD
Owner of Pure Newtrition

In the world of food and nutrition these days, everyone is talking about good carbs and bad carbs. Low carb diets are the rage...but the jury's still out on the long-term benefits and risk of low carb lifestyles. Come and hear from an expert in nutrition and see how the carb issue applies to you and yours.

Rebecca Karchere, RD, owner of Pure Newtrition, received her BA in Nutrition from Hunter College in Manhattan and her Masters in Nutrition from the University of Bridgeport. Ms. Karchere shares an office with Dr. Jason Jenkins on Gulf Street and will provide us with a helpful perspective on a hot topic.

\$15.00 per member if your registration is received before 5 PM, Friday, July 30, 2004.

Late registrations and walk-ins are welcome at the cost of \$20. Non-members can come to Network luncheons as a guest a maximum of 2 times, after which they must become a member in order to attend.

(Please have check written out before coming to meeting. If you are paying cash, please have the exact amount. Thank you.)

Members with e-mail: Please RSVP to our website:

www.networkofexecutivewomen.net

or e-mail: NEW_since1979@yahoo.com

No e-mail: call **Mary Jo Romano at 783-5782**

SUNSHINE NEWS:

If you know of a happy or sad event in a member's life and feel that the Network should acknowledge it, please send the information to the Sunshine Chairman, Maria Vodola. You can e-mail her at mvodola@mccuemortgage.com. Please reference sunshine in the subject line.

Visit us at our new web address:
www.networkofexecutivewomen.net

Welcome New Members

Please add this information to your NEW Directory.

- Marianne Mordhorst, Financial Advisor
Morgan Stanley
555 Long Wharf Drive New Haven, CT 06511
Tel: 203-781-5960 Fax: 203-781-5997
E-mail: marianne.mordhorst@morganstanley.com
Website: morganstanley.com

For Members Only:

You could save hundreds on products and services simply because you are a Network member. The **Contact** will list the names of member companies offering this discount. The following members have agreed to offer a discount to members.

- **Donna Daley – Precision Hearing** – \$400 off on a pair of hearing aids to members and their families – call 381-9555.
- **Judith Gould & Associates Desktop Publishing** – 10% discount on all typesetting – call 876-2355.
- **LifeVisions – Personal Coaching** – 10% discount, Organizational Coaching – 15% discount for coaching within your company including individual and group coaching, consulting, workshops and/or retreats. Workshops and Retreats – 10% discount for individuals attending an event. Call Carole Jacoby – 203-878-4191 or e-mail: carole@lifevisionscoach.com
- **Helen Moser – A Certified Internet Webmaster**
Discount: 10% discount on website design, re-design, or maintenance fees. Call 377-3036 or e-mail hbmoser@WebmasterWebsites.com
- **Fitness For Women and Not Just Yoga** will give a 10% discount for yearly memberships to the fitness circuit or 3-month memberships to yoga, pilates programs. Call Andrea Mullen 203-878-9642, visit the website for schedules www.notjustyoga.com or e-mail notjustyoga@usadatanet.net
- **Paula Murphy – Mary Kay Cosmetics** – \$20 free products for initial visit for complimentary Skin Care and Color Makeover with your photo in Women’s Networking Book or \$100 off with 5 friends** and \$25 to \$50 cash for referrals- please call 203-393-3938 or visit www.marykay.com/pmurphy
- **Jocelyn Murray – Marketing & Event Resources** 20% off press release writing and distribution package – call 377-9980.

If you are interested in placing your discount in the newsletter, please contact Judy Gould at judygould@sbcglobal.net or 203-876-2355.

Spotlight on

Maria Vodola – The McCue Mortgage Company



The McCue Mortgage Company, founded in 1949, is one of the leading mortgage lending companies in the State. The Company has its headquarters in New Britain, CT and has professional loan originators located throughout the State.

Homebuyers in the greater Milford area are fortunate to have McCue Mortgage’s **Maria Vodola** serving them, as she brings them a level of service and integrity that is hard to match.

Maria has been a loan originator with McCue Mortgage since 1991. Whether a homebuyer is purchasing their first home, an investment property, or buying their second home, Maria’s extensive experience ensures them they’ll get the loan program that best suits their needs, be it a conventional 30 or 15 year fixed mortgage, a government lending program such as FHA or CHFA, or a specialized mortgage program for the self employed.

Maria grew up and currently resides in the Milford area. She serves on several Chambers of Commerce in the Milford area and is active in the Network of Executive Women, Inc. She is also a member of McCue’s prestigious President’s Club, a group representing McCue’s top mortgage originators. In addition, Maria is a member of the New Haven Board of Realtors and is a Notary Public.

Before joining McCue, Maria worked as a real estate agent in the Milford area for 13 years. Prior to that, she worked as a residential appraiser, and also worked as a closing administrator for a prominent real estate attorney. It is this past experience, coupled with her extensive background in originating mortgages, that gives Maria a unique set of skills when helping homebuyers.

Are you in need of a mortgage, or have a question related to home buying? Call Maria Vodola at 800-942-5403 for good honest advice. Or visit www.mccuemortgage.com.

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – judygould@sbcglobal.net



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PO Box 3171
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*Next Luncheon – August 3
Register Now!*