

**NETWORK OF
EXECUTIVE
WOMEN INC.**

Contact

Women Helping Women Succeed

December 2004

From the President~

In case you haven't heard the "buzz," Girls Night Out ...On the Town was extremely successful and simply fabulous! Kristen Cusato was an awesome Mistress of Ceremonies! The silent auction and raffle were a tremendous success! The fashion show was really fun! The wine and food were delicious! ...and most importantly, this year's Girls Night Out was *the most successful fundraiser in our 25-year history!*

My sincere thanks go to all who contributed and participated ...especially to our dedicated team of volunteers led by Ann Anderson and supported by Roberta De-Carli Sekas, Lynn McNamee, Rosela Tagle, and Marianne Mordhorst. Carol Raffone and Ginnie Allen did an outstanding job with the raffle. Jocelyn Murray and Suzanne Manning provided superb publicity and marketing.

Thanks also go to all of our Fashion Show models: Lisa Marie Ballero, Wanda Carlson, Mary Gill, Harriet Haggerty, Suzanne Manning, Lynne McNamee, Marissa Mizzone, Marianne Mordhorst, Jocelyn Murray, Tina Ostrowski, and Mary Whatley ...and to N.E.W. members Lisa Mizzone for the fashionable hairstyles and Paula Murphy for the beautiful makeup. I also extend special thanks to all of our members who had table tops, who contributed to the silent auction and raffle, and who helped with all of the many small details that go into pulling off such a successful event. Kudos and sincere thanks to each and every one of you!

Be sure to attend our December luncheon! The winner of the Girls Night Out "most tickets sold" contest will be announced and presented with the reward of a beautiful piece of jewelry from Milford Rocks! The program for our December meeting is Networking with a "Holiday Twist." In the spirit of giving, please come with the "gift" of a simple piece of business advice or perspective to share with other members at your table.

Also in the spirit of giving - and of women helping women - please *bring a tangible gift of "warmth" for a woman in a local nursing home.* Kelly Gammage is heading up this year's "holiday angel" program. Our goal is to bring a gift to those women in a local nursing home who might not otherwise receive a treat this holiday season. On investigation, Kelly has determined that the real need is for any item that will help keep these women warm: sweaters, socks, throws, etc.

See President on page 2



Luncheon Meeting

December 7, 2004

Aldario's • 12:15 PM

Topic:

**Networking With
A "Holiday Twist"**

Please bring a "gift" of business advice to share with other members at your table.

In this season of giving, please bring an gift of "warmth" (unwrapped) for a woman in a local nursing home. Network's goal is to make sure that even the women in nursing homes receive a gift this season.

\$15.00 per member if your registration is received before 5 PM, Friday, December 3, 2004.

Late registrations, non-members (guests), and walk-ins are welcome at the cost of \$20.

*(Please have check written out before coming to meeting.
If you are paying cash, please have the exact amount.
Thank you.)*

Members with e-mail: Please RSVP to our website:

www.networkofexecutivewomen.net

or e-mail: NEW_since1979@yahoo.com

No e-mail: call Mary Jo Romano at 783-5782



Visit us online at:
www.networkofexecutivewomen.net

President cont'd

Please bring your gift of warmth to the luncheon *unwrapped* (so that your gift can be given to the most appropriate recipient) ...and if you can't attend the December luncheon, please contact Kelly directly at 882-9384 (e-mail moonmom77@optonline.net) to drop your gift off at her office.

As we embrace and plan for yet another New Year, our January luncheon will feature Attorney Christine Gonillo speaking on the topic: **Is Your legal House in Order?** [Chris is a long-time member of Network and a partner in the Milford law firm *Cody & Gonillo, LLP.*] Members and guests will get an overview of the basic documents every woman should have in place as the New Year kicks off and we make resolutions to be organized and legally protected.

Join your friends and colleagues – and our guests – for this interesting and pertinent topic on January 4th, along with a brief networking segment. [In line with our newly revised format, if you are directly involved in helping women keep their “legal house in order,” please contact me prior to the meeting (377-3036 or hbmoser@webmasterwebsites.com) so that I can mention and highlight your business at the January meeting].

Speaking of highlighting businesses, we've had several requests to simplify, clarify, and organize the issue of announcements and fliers at luncheons. To respond to your requests, we will set up a *separate table* at Aldario's for fliers and information related to that month's speaker's topic, as well as for timely announcements of workshops, seminars, etc. Please place any appropriate literature on that special table ...and **not on the luncheon tables**. [I will remind members to visit and check that “information and announcements table” at the end of each luncheon.]

Looking forward to seeing you all on December 7th ...and wishing each of you a joyous, healthy, and prosperous holiday season and a New Year that brings you tremendous success and exemplifies the very best of “women helping women,”

Helen

P.S. As we plan N.E.W.'s 2005 calendar, we invite your ideas and suggestions for future programs.

2004-05 Network Directories Are Available

The NEW 2004-2005 Directories will be available at the luncheon or you can contact Wanda Carlson who will send you one.

Spotlight on

Dr. Susan O'Malley Aesthetic Care Center



The Aesthetic Care Center, located in Trumbull specializes in non-surgical aesthetic procedures and stress reduction strategies. Under the direction of Dr. Susan O'Malley, the goal of the center is to help individuals take control of aging. Many people would like to recapture their youthful looks, but for one reason or another do not find plastic surgery to be an option. “In my quest for non-invasive facial rejuvenation, I have come across a revolutionary procedure which utilizes ultrasound waves to increase collagen production.” reports Dr. O'Malley. InvisiLift™ procedures can lift eyelids, reduce under eye puffiness, reduce sagging jowls and tighten and tone sagging neck skin.

The center also offers laser hair removal for men and women and is one of the few places in Connecticut to offer Endermologie®, an FDA approved cellulite reduction and body contouring procedure. Stress causes specific and documented changes in the body contributing to disease and aging. While there is no escape from a stressful world, there are many stress reduction options offered at the Aesthetic Care Center including, massage, reflexology, Reiki, and CranioSacral therapy. The center also offers nutrition counseling with a Registered Dietitian and yoga and Pilates classes.

Dr. O'Malley is available for free consultations and can be reached at 203 459-0670. Additional information can be found on the web at aestheticcarecenter.com

October 4, 2003

To the Network of Executive Woman,

I am writing this letter to you to thank you for the scholarship that you have rewarded me. I am grateful and happy that you can help people in my financial situation. My goal is to return to college and pursue a degree in Criminal Justice. It has been difficult for me to pay *for* college, so I am trying to find some help so that I don't get discourage. I can't afford to take out a loan because I am afraid that I can't afford to pay it back. I was informed about your organization through one of my teachers. She spoke very highly of your organization and told me to apply. I applied and thankfully you granted me with a scholarship to continue my education. I can't express how thankful I am to the Network of Executive Woman. I am sorry that I haven't been able to attend any of the meetings. I work full time and my classes are usually in the evenings so it has been difficult for me to attend. I love college and I am going to try hard to pursue my degree. Since attending Housatonic Community College I have been on the dean's list every semester. I am dedicated to my work and hope that you can continue to help me succeed in receiving my degree.

Thank you,

Marisol Diaz

Marisol Diaz

Welcome New Members

Please add this information to your NEW Directory.

- Catherine L. Creager
Soundview Custom Framing
PO Box 2171
Milford, 06477
Tel: 203-876-9596
E-mail: ccreager@snet.net
Website: soundviewframing.com
- Frances DiMaggio
Brokerage Manager
John Hancock
100 Corporate Place
Rocky Hill, 060637
Tel: 800-226-0020 X 142
Fax: 860-529-9820
E-mail: fdimaggio@sfnonline.com
- Sue Kasmin
Independent Consultant
The Pampered Chef
443 Naugatuck Avenue
Milford, 06460
Tel: 203-878-9667
E-mail: suespamperdcchef@optonline.net

SUNSHINE NEWS:

If you know of a happy or sad event in a member's life and feel that the Network should acknowledge it, please send the information to the Sunshine Chairman, Maria Vodola. You can e-mail her at mvodola@mccuemortgage.com. Please reference sunshine in the subject line.

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – judygould@sbcglobal.net

Network Nametags

Do you have a nametag for our Network luncheon meetings?

If you don't, please contact Ginnie Allen (ginnieallen@aol.com or 203-795-0305) and give her your Name, Company Name and Title. She will have it ready for the next meeting.



Mark your calendars!



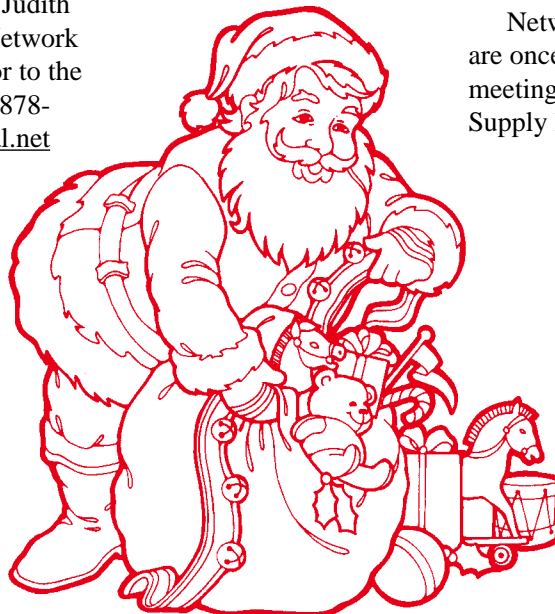
JANUARY 4, 2005

N.E.W. Member Chris Gonillo, Attorney
Topic: "Is Your Legal House in Order?"

More information concerning this event will be found in the President's column

Buy Network Shirts to Help Our Scholarship Fund

Network of Executive Women golf shirts are once again available at our luncheon meetings. They are now only \$15 each. Supply limited. Buy one now.



For Members Only:

You could save hundreds on products and services simply because you are a Network member. The **Contact** will list the names of member companies offering this discount. The following members have agreed to offer a discount to members.

- **Donna Daley – Precision Hearing** – \$400 off on a pair of hearing aids to members and their families – call 381-9555.
- **Judith Gould & Associates Desktop Publishing** – 10% discount on all typesetting – call 876-2355.
- **LifeVisions – Personal Coaching** – 10% discount, Organizational Coaching – 15% discount for coaching within your company including individual and group coaching, consulting, workshops and/or retreats. Workshops and Retreats – 10% discount for individuals attending an event. Call Carole Jacoby – 203-389-4191 or e-mail: carole@lifevisionscoach.com
- **Celebrate Your Light**, Maia Lynd Certified Hypnotherapist and a Reiki Master – \$10 off a one hour session of one of the following; Reiki, Hypnotherapy, Cellular Healing, Past Life regression. Call 203-543-5670
- **Reflexions for Health**, Pat Pere McCarthy, Certified Reflexologist – 10% discount on Reflexology services for members. Call 301-0600 (by appointment only).
- **Helen Moser – A Certified Internet Webmaster** Discount: 10% discount on website design, re-design, or maintenance fees. Call 377-3036 or e-mail hbmoser@WebmasterWebsites.com
- **Fitness For Women and Not Just Yoga** will give a 10% discount for yearly memberships to the fitness circuit or 3-month memberships to yoga, pilates programs. Call Andrea Mullen 203-878-9642, visit the website for schedules www.notjustyoga.com or e-mail notjustyoga@usadatanet.net
- **Paula Murphy – Mary Kay Cosmetics** – \$20 free products for initial visit for complimentary Skin Care and Color Makeover with your photo in Women's Networking Book or \$100 off with 5 friends** and \$25 to \$50 cash for referrals- please call 203-393-3938 or visit www.marykay.com/pmurphy
- **Jocelyn Murray – Marketing & Event Resources** 20% off press release writing and distribution package – call 377-9980.
- **Trish Stott Summers** – Smart Choice Mortgage Corporation –\$200.00 refund after closing on your mortgage. Call 203-876-4748

If you are interested in placing your discount in the newsletter, please contact Judy Gould at judygould@sbcglobal.net or 203-876-2355.

Happy Holidays!



Women Helping Women Succeed

PO Box 3171

Milford, CT 06460-0971

Luncheon – December 7
Networking With A Holiday Twist
Register today!