



**NETWORK OF
EXECUTIVE
WOMEN INC.**

Contact

Women Helping Women Succeed

December 2006

Network of Executive Women addresses the common business interests and issues of women in executive, professional and entrepreneurial roles through the exchange of ideas, information, and experience.

President's Corner

Happy Holidays Everyone! The unseasonable weather we've been enjoying has allowed the holiday season to sneak up on many of us—I still have some petunias in bloom, along with ripening tomatoes!?! Both the tomatoes and the petunias look a bit weathered, but they are still producing to the best of their ability. It occurs to me that the aforementioned statement is also true of me! These past few months have been a whirlwind of activity, positive overall but demanding and fast paced. The gym I had been getting to several times a week closed suddenly about 5 weeks ago and I've noticed that my clothes are shrinking a bit, go figure!

But enough about me—I hope you all enjoyed a wonderful bountiful Thanksgiving surrounded by friends or family or both. Please try and join us next Tuesday for our December luncheon and holiday collection for our three local nursing homes.

I'd also like to let you know that the Board has agreed to engage in a strategic planning session in January to look at our organization and its' strengths and weaknesses and to identify opportunities to make Network stronger. Watch for a short member questionnaire that I will get out to you in December, and please respond candidly. We have a great history and an exciting future ahead. By stepping back to evaluate how we're doing and where we want to go we can be assured of a successful and productive "trip"! If anyone has any thoughts or comments about our member questionnaire and/or the strategic planning session please contact me at 203/777-5521 or jwalsh@vnasc.org. In the meantime: don't worry, be happy!

Joanne

Just a reminder: Please bring a small unwrapped gift for our local nursing home residents to our next Network luncheon on Tuesday, December 5th. The homes have provided us with some ideas of items needed:

- no-skid slipper socks
- tote bags
- lap blankets
- word search books
- hats and gloves
- hand and body lotion
- nail polish/remover
- all occasion greeting cards
- sweaters and sweatshirts
(front zip, size large or x-large)
- flannel night gowns (buttons in front)

Luncheon Meeting December 5, 2006

Aldario's • 12:15 PM

**Speaker: Mary-Jane Foster
CEO, Bridgeport Bluefish**

Mary-Jane Foster will tell us about her organization, the Bridgeport Bluefish, and how she believes the team is impacting the Bridgeport area. As a former stage, film and television actress in NYC, Mary-Jane will also explain how she transitioned into becoming an attorney and businesswoman – and what led her to become CEO of the Bluefish.

Also – since it is holiday time, bring an unwrapped gift for a local nursing home resident.

\$15.00 per member if your registration is received before 5 PM, Friday, December 1, 2006.

Late registrations, non-members (guests), and walk-ins are welcome at the cost of \$20.

(Please have check written out before coming to meeting. If you are paying cash, please have the exact amount. Thank you.)

Members with e-mail:

Please RSVP to our website:

www.networkofexecutivewomen.net

or e-mail:

NEW_since1979@yahoo.com

**No e-mail: call Mary Jo Romano
at 257-9208**



www.networkofexecutivewomen.net

Spotlight on

Nancy Ruzow

Ruzow Graphics

Ruzow Graphics is a full-service graphic design and communications company specializing in visual magic. For the past 21 years, award winning Nancy Ruzow has provided innovative and effective design solutions for clients of all sizes and across a wide range of industries.

With excellence in creativity and customer service, Ruzow Graphics can design your advertising, marketing collateral, direct mail promotions, publications (magazines, newsletters, annual reports) corporate identity, conference materials, posters, catalogs and much more. Plus, she'll oversee copywriting, photography, illustration, printing and mailing services to complete any project.

When a client comes to Nancy they discuss what the end goals are, and Nancy then comes up with concepts to reach those goals — ultimately producing dynamic marketing materials to promote the company. Clients she has created her magic for have included: the Aquarion Group; Bayer Pharmaceuticals; Beaver Creek Ski Resort; Blue Cross & Blue Shield; Brand Management Camp; CBS Television; Danbury Hospital; Hungry Books; Financial Engineering News; Greenwich Hospital; Jack and Jill Foundation of America; Lehman Center for the Performing Arts; Manulife Funds; Nantucket Home Builders; New York Medical College; Pandora's Box Clothing; Pepsi-Cola; Phillippe Diamond; Playboy Enterprises; Proflowers.com; Rosco Labs; Thermasilk Clothing; Treasury Alliance Group; Venture Funds; Waldenbooks; and the Westchester Business Institute.

Nancy Ruzow holds a B.S. in Graphic Design from SUNY College at Buffalo. She has won nine American Graphic Design Awards, one Art Direction Magazine Award, one Creativity Award, three Healthcare Marketing Awards, and one Big W Award and works fluently in QuarkXpress, Adobe Illustrator, Photoshop, and InDesign. Knowledge, expertise, creativity and customer service are the cornerstones upon which Nancy has built her business success. To view her work, visit elance.com or portfolios.com/Ruzow while her website is being updated. Contact Nancy at 203-227-2972 or ruzow@optonline.net.



Network Directories for 2006-7 Have Arrived!

The newest Network Directories will be available at our luncheon meeting on December 5. Members can pick their copy up at that time.

Sunshine News:

If you know of a happy or sad event in a member's life and feel that the Network should acknowledge it, please send the information to the Sunshine Chairman, Maria Vodola. You can e-mail her at mvodola@mccuemortgage.com. Please reference sunshine in the subject line.

Need a nametag?

Contact Virginia Allen (ginnieallen@aol.com or 203-795-0305) and give her your Name, Company Name and Title. She will have it ready for the next meeting.

Weather Alert!

In the event of severe weather conditions, meeting cancellations will be announced via e-mail.

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – judygould@sbcglobal.net



Happy Holidays



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Visit us online at:

www.networkofexecutivewomen.net

**Next Meeting –December 5
Bring an unwrapped gift for
a senior!**