



**NETWORK OF
EXECUTIVE
WOMEN INC.**

Contact

Women Helping Women Succeed

February 2005

From the President~

Winter in Connecticut is the perfect time to focus our energy on the positives...and that is exactly what Network is doing!

Our holiday gifts of warmth were positively appreciated, and we received a touching note of thanks:

"I would like to thank you on behalf of everyone here at Golden Hill for the wonderful warm gifts your members provided for our residents for the holidays. I cannot tell you how happy our residents were with their gifts! Many family members expressed their appreciation as well. Thank you so much for sharing your Christmas spirit with us!" ...Fondly, Cheryl Lucuinko

"Your Best Positive Self, Now" is the subject of our February 1st luncheon featuring member Shauna Sottery, a psychotherapist, Life Coach and Confidence Coach. Shauna's presentation will address the power of positive thinking and how to harness it in our personal and business lives. For a bit of a twist, she will also facilitate the networking portion of our meeting to incorporate the subject of positive thinking. Balanced for Success is Shauna's practice. (You can learn more about it at www.balancedforsuccess.com.)

February is also the month Network focuses on *women helping women* through our scholarship program. Our dedicated Scholarship Chair Ginnie Allen is now accepting scholarship applications, which must be received no later than the 25th of the month.

For our newer members: The primary objective of Network's scholarship program is to offer educational opportunities to women in need of financial assistance for undergraduate degrees, retraining, or certification purposes. The goal is to help recipients obtain the education they need to find meaningful employment, better their present position, or re-enter the work force. You can learn more about our Scholarship program on our website (www.networkofexecutivewomen.net). *[Members of the Network of Executive Women and their families are not eligible for this scholarship.]*

During the Board's discussion of future luncheon programs at our recent meeting, the theme of websites

See President on page 2

Luncheon Meeting

February 1, 2005

Aldario's • 12:15 PM

**Speaker: N.E.W. Member
Shauna Sottery**

Topic:

"Your Best Positive Self, Now"

Our February luncheon will feature member, Shauna Sottery, of *Balanced for Success* speaking on the power of positive thinking, both personally and in business. Shauna's topic is certainly pertinent with the New Year and as we begin with fresh intentions and resolutions.

Our networking component of the meeting will also be facilitated by Shauna and focus on positive thinking.

\$15.00 per member if your registration is received before 5 PM, Friday, January 28, 2005.

Late registrations, non-members (guests), and walk-ins are welcome at the cost of \$20.

(Please have check written out before coming to meeting.

If you are paying cash, please have the exact amount.

Thank you.)

Members with e-mail: Please RSVP to our website:

www.networkofexecutivewomen.net

or e-mail: NEW_since1979@yahoo.com

No e-mail: call **Mary Jo Romano at 783-5782**

SUNSHINE NEWS:

If you know of a happy or sad event in a member's life and feel that the Network should acknowledge it, please send the information to the Sunshine Chairman, Maria Vodola. You can e-mail her at mvodola@mccuemortgage.com. Please reference sunshine in the subject line.

Visit us online at:
www.networkofexecutivewomen.net

President cont'd

surfaced as a unanimous interest. As Network's Webmaster and a Certified Internet Webmaster, I've been recruited (*my objection to the President being the speaker having been unanimously voted down*) to present the March topic "Everything You Wanted to Know about Websites but Were Afraid to Ask." Be sure to take advantage of Network's safe environment to get answers from a trusted resource to anything you may have wondered about the web and websites. Start jotting down your questions so that you can bring them along to the March luncheon.

See you all at Aldario's on February 1st,

Helen

Welcome New Members

Please add this information to your NEW Directory.

- Donna K. Bernardo, Owner
Donna's Fabric Works, LLC
2001 Bridgeport Avenue
Milford, 06460
Tel: 203-874-5464
Fax: 203-874-0183
E-mail: donnasfabric@sbcglobal.net
- Karyn Doherty, Owner/Manager
My Family CD
28 Woodvale Road
West Haven, 06516
Tel: 203-887-7915
E-mail: karyn@safekidscard.com
Website: myfamilycd.com/Karyn
- Britta Kivell, Associate Attorney
Cody & Gonillo, LLP
185 N. Broad Street
Milford, 06460
Tel: 203-878-7491
Fax: 203-876-2295
E-mail: brittak@snet.net
- Bianca Michetti, Center Director
Tutor Time
470 Bridgeport Avenue
Milford, 06460
Tel: 203-876-1555
E-mail: bmichetti@snet.net
- Laura Smith, LCSW
Psychotherapist
264 Gulf Street
Milford, 06460
Tel: 917-488-6740

Spotlight on

Mary Whatley

Prudential Connecticut Realty

Mary Whatley has spent most of her work life in freelance marketing - consumer products, business to business, Web site development and consulting. She needed the flexibility to be available for her children, but always had a plan. One day she wanted to sell the ultimate product (from her point of view) - Real Estate.

Her son started driving last spring and Mary signed up for the course. After interviewing the highest-profile real estate companies in CT, Mary decided to join the one that had the strongest commitment to technology, education, and high ethical standards - Prudential Connecticut Realty.

"I love what I'm doing! Every day is different. Yesterday for example, I held an inspection for a buyer, interviewed prospective tenants for an apartment I'm renting, planned marketing and an open house for one of my listings, researched houses to show NY clients this weekend and put together financing and legal paperwork for the closings I have coming up."

"Day-to-day is fun, but mostly it is extremely satisfying to see people settling into a new home that I helped them buy or know that I helped sellers get the most for their home with the least amount of stress."

If you have any sort of real estate question, please call Mary at 377-4800. Also visit her web page at www.mwhatley.prudentialct.com.



Mark your calendars!

MARCH 1, 2005

Network Webmaster Helen Moser
Topic: "Everything You Wanted to Know About Websites But Were Afraid to Ask"

APRIL 5, 2005

Scholarship Luncheon

JUNE 7, 2005

Induction of Officers

*More information concerning these events
will be found in the President's column*

Please Help Our Network Historian

Mary Algieri, our Network historian, requests that any members who see an article - either on Network or about one of our members - clip and forward it to her for our Network Scrapbook.

For Members Only:

You could save hundreds on products and services simply because you are a Network member. The **Contact** will list the names of member companies offering this discount. The following members have agreed to offer a discount to members.

- **Donna Daley – Precision Hearing** – \$400 off on a pair of hearing aids to members and their families – call 381-9555.
- **Judith Gould & Associates Desktop Publishing** – 10% discount on all typesetting – call 876-2355.
- **LifeVisions – Personal Coaching** – 10% discount, Organizational Coaching – 15% discount for coaching within your company including individual and group coaching, consulting, workshops and/or retreats. Workshops and Retreats – 10% discount for individuals attending an event. Call Carole Jacoby – 203-389-4191 or e-mail: carole@lifevisionscoach.com
- **Celebrate Your Light**, Maia Lynd Certified Hypnotherapist and a Reiki Master – \$10 off a one hour session of one of the following; Reiki, Hypnotherapy, Cellular Healing, Past Life regression. Call 203-543-5670
- **Reflexions for Health**, Pat Pere McCarthy, Certified Reflexologist – 10% discount on Reflexology services for members. Call 301-0600 (by appointment only).
- **Helen Moser – A Certified Internet Webmaster**
Discount: 10% discount on website design, re-design, or maintenance fees. Call 377-3036 or e-mail hbmoser@WebmasterWebsites.com
- **Fitness For Women and Not Just Yoga** will give a 10% discount for yearly memberships to the fitness circuit or 3-month memberships to yoga, pilates programs. Call Andrea Mullen 203-878-9642, visit the website for schedules www.notjustyoga.com or e-mail notjustyoga@usadatanet.net
- **Paula Murphy – Mary Kay Cosmetics** – \$20 free products for initial visit for complimentary Skin Care and Color Makeover with your photo in Women's Networking Book or \$100 off with 5 friends** and \$25 to \$50 cash for referrals- please call 203-393-3938 or visit www.marykay.com/pmurphy
- **Jocelyn Murray – Marketing & Event Resources** 20% off press release writing and distribution package – call 377-9980.
- **Trish Stott Summers** – Smart Choice Mortgage Corporation –\$200.00 refund after closing on your mortgage. Call 203-876-4748

If you are interested in placing your discount in the newsletter, please contact Judy Gould at judygould@sbcglobal.net or 203-876-2355.

Network Nametags

**Do you have a nametag
for our Network luncheon meetings?**

If you don't, please contact Ginnie Allen (ginnieallen@aol.com or 203-795-0305) and give her your Name, Company Name and Title. She will have it ready for the next meeting.

2004-05 Network Directories Are Available

The NEW 2004-2005 Directories will be available at the luncheon or you can contact Wanda Carlson who will send you one.

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – judygould@sbcglobal.net



NETWORK OF
EXECUTIVE
WOMEN INC.

Women Helping Women Succeed

PO Box 3171

Milford, CT 06460-0971

Luncheon – February 1
"Your Best Positive Self, Now"
Register today!