



**NETWORK OF
EXECUTIVE
WOMEN INC.**

Contact

Women Helping Women Succeed

January 2007

Network of Executive Women addresses the common business interests and issues of women in executive, professional and entrepreneurial roles through the exchange of ideas, information, and experience.

Happy New Year!!

Spotlight on

Wendy Battles

Healthy Endeavors, LLC

Natural Awakenings News Brief

Wendy Battles, Holistic Health and Nutrition Coach, and owner of Healthy Endeavors, LLC is proud to announce the opening of her new office in North Haven, CT. Wendy is a “guide on the side” working one-on-one with clients to help them create healthy and lasting lifestyle changes such as losing weight and generating more energy as well as inspiring them to live a fulfilled, juicy life! She coaches people about making healthier food choices and works with them to manage stress, increase physical activity and learn nourishing cooking techniques in an atmosphere that is supportive, healing and engaging.

Healthy Endeavors focuses on helping keep both individuals and groups healthy. In addition to her work with individuals, she works with a range of organizations to improve employee health and wellness through a series of interactive workshops that she facilitates including her signature talk, “the Ecstasy of Eating: 6 Steps for Satisfying Self-Nourishment.”

Wendy is a graduate of the Institute for Integrative Nutrition, which is accredited by the American Association of Drugless Practitioners. She holds a Master’s degree in Community Psychology from the University of New Haven, as well as a Bachelor’s degree in Sociology and Anthropology from Lake Forest College.

Healthy Endeavors is located at 410 State Street, North Haven, CT in the East-West Healing Arts Center. Call 203-641-0653 for more information or visit www.healthy-endeavors.com.



Luncheon Meeting

January 2, 2007

Aldario’s • 12:15 PM

Speaker: Diane Frankel-Gramelis,
*Director of Education and Health Educator at
Milford Hospital*

Topic: The Power of Positive Words

Diane will talk to us about how big an impact our spoken and written words have in our daily lives. She will challenge the audience to eliminate or change some commonly used words in our vocabularies in order to make our approaches more positive.

\$15.00 per member if your registration is received before 5 PM, Friday, December 29, 2006.

Late registrations, non-members (guests), and walk-ins are welcome at the cost of \$20.

(Please have check written out before coming to meeting. If you are paying cash, please have the exact amount. Thank you.)

Members with e-mail: Please RSVP to our website: www.networkofexecutivewomen.net

or e-mail: NEW_since1979@yahoo.com

No e-mail: call Mary Jo Romano at 257-9208

Welcome New Member

Please add to your NEW Directory.

- Judy Goldwyn
President
Goldwyn Associates, LLC
46 Elder Street, Milford 06460
Tel: 203-209-8098
E-mail: info@goldwynassociates.com

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – judygould@sbcglobal.net

Sunshine News

Chris Downs was selected as Candy wrapper of the year for 2006 at Wrapfest 2006. This is a huge on-line event with international members from Spain, Australia and England etc. She was very excited and surprised to win this award for the personalized candywrapping industry since it is worldwide.

Weather Alert!

In the event of severe weather conditions, meeting cancellations will be announced via e-mail.

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