



**NETWORK OF  
EXECUTIVE  
WOMEN INC.**

# Contact

*Women Helping Women Succeed*

March 2004

## From the President~

Dear Ladies:

It's almost here – spring. Well, even if the calendar isn't cooperating, Network is ready to "Spring Into Action." So, put on your green, and spring over to Luralton Hall for a night of education, fun, martinis and more fun. You don't want to be left out in the cold, when you can be enjoying a night of spring. Please remember, this is Network's last event before our scholarship luncheon and we need everyone's support in order to make it a huge success. The Board and scholarship recipients are counting on all of you to make this event the BIGGEST and BEST in Network's history. We need and hope to see all of you there.

I would like to pass on to all of you the following information:

In a survey that was conducted by the National Foundation for Women Business Owners (NFWBO), it was concluded that women entrepreneurs are highly motivated philanthropists who are more likely than men entrepreneurs to participate in leadership roles when they volunteer for charitable organizations.

So ladies, let's remember that fact and live up to our reputation and support our event, "Spring Into Action." Your attendance, at this event, will be greatly appreciated by the committee members who have worked so hard on making this a successful evening for our scholarship recipients.

The March luncheon promises to be very exciting and different. Besides being a general networking luncheon, there will be tribute to our veteran members and a presentation of all our new members who have joined since November of last year. What we intend to do is present our new members with their pins and give them an opportunity to give a three minute presentation about themselves. So, if you are a new member to Network, you will certainly want to attend this luncheon where the spotlight will be on you. Also, in an effort to learn more about our veteran members, we will be rotating ourselves from table to table. So plan on quickly finishing your lunch plate so you can meet a network member who is great. At the end of our luncheon, we will share with the group, the one "did you know" fact about the members who were on your slate, when you left your plate, to network with the great.

Our application for tax-exempt status is moving right along. In order to comply with the IRS request there has been a change in our website. The IRS has requested that our Network Directory be available only to our membership.

So, if you want to get information from the website directory, please contact Helen Moser at 203-377-3036, who will gladly give you the password. The Board has also made the decision that at the beginning of each of our year in July, the password would be changed. This would prevent any member who did not renew their membership from having access to our new directory.

*See President on page 2*

### Luncheon Meeting

**March 2, 2004**

Aldario's • 12:15 PM

### Networking Luncheon

**Tribute to veteran members**

**Meet all the members who have joined since November 2003.**

**Spring is just around the corner.  
Come to our Networking luncheon  
to jump-start your Spring networking.**

**Also, this will be your last chance to buy your  
"Spring into Action" tickets for \$30.**

**\$15.00 per member if your registration is  
received before**

**5 PM, Friday, February 27, 2004.**

**Late registrations and walk-ins are welcome at  
the cost of \$20.** Non-members can come to Network  
luncheons as a guest a maximum of 2 times, after  
which they must become a member in order to attend.

*(Please have check written out before coming  
to meeting. If you are paying cash, please have the exact  
amount. Thank you.)*

Members with e-mail: Please RSVP to our website:

[www.networkofexecutivewomen.net](http://www.networkofexecutivewomen.net)

or e-mail: [kasparian2@hotmail.com](mailto:kasparian2@hotmail.com)

No e-mail: call Kim Kasparian at 203-333-2452

## Spring into Action

**BUY NOW and SAVE!!!!**

**Last chance to buy tickets for "Spring Into Action" for  
\$30.00 is the luncheon on March 2<sup>nd</sup>. Get your check  
mailed to BJ now or pay at the luncheon. She must receive  
your \$30 check by Tuesday's luncheon. **AFTER THE  
LUNCHEON THE COST WILL BE \$40.****

**Sign me up for "SPRING INTO ACTION"**

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

NUMBER OF TICKETS \_\_\_\_\_

**Make checks payable to Network of Executive Women**

**Mail to: BJ Frazier, 236 W. Elm St.,**

**New Haven, CT 06515**

## For Members Only:

You could save hundreds on products and services simply because you are a Network member. The *Contact* will list the names of member companies offering this discount. The following members have agreed to offer a discount to members.

- **Donna Daley – Precision Hearing** – \$400 off on a pair of hearing aids to members and their families – call 381-9555.
- **Judith Gould & Associates Desktop Publishing** – 10% discount on typesetting – call 876-2355.
- **LifeVisions – Personal Coaching** – 10% discount, Organizational Coaching – 15% discount for coaching within your company including individual and group coaching, consulting, workshops and/or retreats. Workshops and Retreats – 10% discount for individuals attending an event. Call Carole Jacoby - 203 878 4191 or e-mail: [carole@lifevisionscoach.com](mailto:carole@lifevisionscoach.com)
- **Helen Moser – A Certified Internet Webmaster**  
Discount: 10% discount on website design, re-design, or maintenance fees. Call 377-3036 or e-mail [hbmoser@WebmasterWebsites.com](mailto:hbmoser@WebmasterWebsites.com)
- **Jocelyn Murray – Marketing & Event Resources** 20% off press release writing and distribution package – call 377-9980.

If you are interested in placing your discount in the newsletter, please contact Judy Gould at [judygould@sbcglobal.net](mailto:judygould@sbcglobal.net) or 203-876-2355.

### President cont'd from page 1

At the last Board meeting, it was decided that in an effort to keep our membership informed about our scholarship recipients, we would periodically spotlight in the *Contact* a scholarship recipient with update information as to her progress. The Board felt that this would give our members an opportunity to know a little bit more about the ladies who receive our scholarships and to track the progress they are making from our efforts to raise money in their behalf.

Ladies, if this letter seems shorter than usual, it is because I am writing it while basking in the sunshine on the sunny shore of Negril, Jamaica. I hope to bring back with me the warmth and sunshine, to give to all of you, so you can “Spring into Action.” If not, I still hope to see all of you at our Grand Networking luncheon and on March 17<sup>th</sup>, *when The Network of Executive Women will “Spring into Action.”*

Until then, please remember what Jim Goodwin said, “The impossible is often the untried.” Also what Anatole France said, “It is human nature to think wisely and act foolishly.”

Harriet

**P.S. This is not the last dance, but the luncheon on March 2<sup>nd</sup> is the very last chance to purchase tickets for “Spring Into Action” for \$30.00. AFTER TUESDAY’S LUNCHEON THE COST WILL BE \$40.00. BRING YOUR CHECKBOOKS TO THE LUNCHEON.**

**BUY NOW and SAVE!!!!**

## Spotlight on

### Bodywise Spa & Wellness Center



BODYWISE Spa & Wellness Center is the joining of a vision of Ann Swaller and Donna Sommers.

The desire to meet the needs of a client is the prime consideration. Ann & Donna provide services that tend to the total person- *head to toe... inside and out* in an opportunity for health, wellness and inner peace.

A “Mini Escape” is a specialty offered for clients during which Ann provides the magic of rejuvenating the skin and pampering the client - then Donna energetically relieves stress and inner conflicts for a truly incredible healing, relaxing and transforming visit to BODYWISE...

Ann Swaller, Aesthetician, continues to be the best in her field and uses Yon-Ka of Paris Skin Care products to accomplish a cleansing, revitalization, and anti-aging of the skin. When the skin feels and looks good the person feels good inside as well. A regular facial treatment is as important for the career woman as it is for the stay at home Mom. Your face is the first impression made when connecting with your co-workers and clients.

Donna Sommers, RN, Esocen Energy Healer and educator, brings the cutting edge of energy healing treatments to her clients. Not only stress but old thoughts and behaviors contribute to chronic and acute *dis-ease* of the body/mind. Her sessions not only provide pain and symptom management but go further to actually transform the cellular health of a client to facilitate the deeper healing. The classes she offers are more tools and techniques for the understanding of health and a lifetime of resources for continued alignment and balance in daily life. One of the commitments Donna makes is to provide the means for everyone to be their own healer.

Ann and Donna look forward to serving you and making your day/life better in the important ways by making ‘*one stop for your skin and alternative health care.*’

They have generously offered to give a 10% discount on their services to NEW members for the month of April.

### Update for 2003 Scholarship Recipients:

**Leisa Allen** - Continuing toward her accounting degree at Gateway. An honor student, she has completed 3 additional courses since receiving award. Single mother.

**Debra Black** - Graduating in May 2004 with an Associate Degree in Human Services. Will continue toward Bachelor Degree at Housatonic. Works at HCC and is a Counselor at Horizons.

**Elaine Groth** - Continuing at Gateway toward an Associate Degree in the legal field. Has new position and title at law firm where she works full time, Litigation Paralegal. Invited to join Phi Theta Kappa, a national honor society for 2 year college students. Single mother with 3 children.

**Macy Overby** - Obtained her Associate Degree in May 2003 from HCC, transferred to SCSU for Bachelor in Secondary Education. Honor student and single mother.

**Karen Sweet** - First time recipient. Completed 4 courses since summer 2003 including Philosophy and Chemistry. Belongs to 2 honor societies and carries a 3.9 GPA. Participated in Senior Psychology seminar. She is in a work-study program with a Clinical Psychologist in New Haven. Has 2 teen-age children.

## Welcome New members

*Please add these names to your NEW Directory.*

- Mary Algieri, Home Mortgage Consultant  
Wells Fargo Home Mortgage  
670 Boston Post Road Milford 06460  
Tel: 203-876-3816 Fax: 203-882-8140  
E-mail: mary.algieri@wellsfargo.com
- Kelly Gammage, Senior Physical Therapist  
Center Rehabilitation  
155 Hill Street, Suite B Milford 06460  
Tel: 203-882-9384 Fax: 203-882-9385  
E-mail: kellygammage@sbcyahoo.net  
Website: CenterRehab.com
- Wanda Carlson, Agent  
State Farm  
485 Bridgeport Avenue Milford 06460  
Tel: 203-877-9203 Fax: 203-877-9273  
E-mail: wanda.carlson.nyro@statefarm.com  
Website: statefarm.com
- Heather Laurino, Home Mortgage Consultant  
Wells Fargo  
670 Boston Post Road Milford 06460  
Tel: 203-876-3809 Fax: 203-882-8140  
E-mail: heather.laurino@wellsfargo.com
- Maria Vodola, Loan Originator  
McCue Mortgage Co.  
One Liberty Square New Britain 06051  
Tel: 203-877-1384 Fax: 203-877-5575  
E-mail: mvodola@mccuemortgage.com  
Website: www.mccuemortgage.com

*Please update your membership information*

- Terry Thompson, Sales Associate  
Coldwell Banker  
171 Broad Street Milford 06460  
Tel: 203-878-7424 E-mail: tthomp7539@aol.com

## Mark your calendars!



### Luncheon Programs

**APRIL 6, 2004**

**Scholarships Awarded**

**MAY 4, 2004**

**Women's Health Issues  
presented by**

**Dr. Mary Battilocchi,  
Karen Dobosz, P.T. (Shoreline Physical Therapy)  
and Trish Kramer, RN**

**JUNE 1, 2004**

**Installation of Officers**

## Buy Network Shirts to Help Our Scholarship Fund

Network of Executive Women golf shirts are once again available at our luncheon meetings. They are now only \$15 each. Supply limited. Buy one now.

## Network Directories

The new Directories are available either at the luncheon or you can contact Cathy Gorman who will send you one.

Visit us at our new web address:  
[www.networkofexecutivewomen.net](http://www.networkofexecutivewomen.net)

Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or e-mail – judygould@sbcglobal.net



**NETWORK OF  
EXECUTIVE  
WOMEN INC.**

*Women Helping Women Succeed*

**PO Box 3171  
Milford, CT 06460-0971**

**Spring into Action**  
**Last Chance to save \$10!**  
**Join us at the luncheon**  
**on March 2 and get your**  
**"Spring into Action"**  
**tickets for \$30**

Network of Executive Women

*Presents*

# Spring into Action

**an event linking Women, Ideas and Information**

*Sponsored by* **The Milford Bank**

*Hosted by* **Lauralton Hall**

*Courtesy of* **Orange Wine & Liquor Outlet**

## **SPECIAL GUEST SPEAKERS:**

**Susan Bysiewicz, Secretary of the State**  
**Nancy Aborn, of Patton Media/Marketing**

- Martini & Wine Tasting
- Gourmet Cuisine
- Mini-Info Sessions and Demos to Enhance Your Business, Home, Fashion and Lifestyle
- Tabletop Exhibitors – Door Prizes – Goodie Bags And More...

**Wednesday March 17, 2004**

**5:30-8:30 PM**

**Lauralton Hall**

**200 High Street, Milford, CT**

**\$30 per person (\$40 after luncheon on 3/02/04)**

Make checks payable to **Network of Executive Women**

Mail to: BJ Frazier, 236 W. Elm St., New Haven, CT 06515

*For more information visit* [www.networkofexecutivewomen.net](http://www.networkofexecutivewomen.net)

or call B.J. Frazier: 203.397.8469

***All Proceeds to benefit the Network of Executive Women Scholarship Fund***

Contributions or gifts to the Network are not deductible as charitable contributions for federal income tax purposes.



**THE MILFORD BANK**