



**NETWORK OF  
EXECUTIVE  
WOMEN INC.**

# Contact

*Women Helping Women Succeed*

October 2002

## From the President~

Dear Members:

Glamour! GLAMOUR, GLAMOUR!!!! The month of October is here and so is are GLAMOURFEST on October 17<sup>th</sup> from 6-9 p.m. at the Eastern Rehabilitation Center. The night promises to be filled with lots of pampering and indulgences. I hope to see all of you there. It is SO important that we support this event by attending and inviting our friends, clients and business associates to attend. This is our first event to raise the money that we need for our scholarship fund. I am counting on all of you to make Glamourfest a HUGE success. If each member attends this event and brings just one guest, Glamourfest should be quite successful.

A special thank you goes to Chris Gonillo and Joy Callahan for all their special efforts and time spent on planning and marketing the event. If anyone needs additional flyers for their place of business or to send in the mail, please contact Chris or Joy who would be happy to deliver them right to your doorstep. Also, a great big thank you to Deb Collins for all her publicity efforts and "photo shoots."

As all of you know, our attendance at our luncheons has been down for some time. This matter has created a serious problem because Aldario's is no longer interested in providing our delicious buffet unless we can guarantee at least 30 attendees. This matter is of such a serious nature that a separate letter has been sent to all of you discussing the issues. A telephone committee has been established to call all members who do not sign up for the luncheon via the web site. A special thank you goes to Bonnie Clark, chairperson, and her captains, Carrie Alonzo, Judy Gould, Carol Raffone, Edna Crego, Carole Jacoby, Clare Geoghegan and Paula Murphy. More volunteers are still needed so please contact Bonnie (878-2479) if you are interested. You know, I am beginning to take the lack of attendance as a personal matter. (Nobody loves me.) Please feel free to contact me to discuss what is keeping you away from the luncheons. I am always open to any suggestions and/or recommendations that any of you would like to make for future programs.

Our last program speaker, Suzanne Jarvis, enlightened many of us about the power within ourselves. October is National Organize Month and at our luncheon on October 1<sup>st</sup>, speakers, Anita Taylor and Susan Lovallo, promise to organize our money and de-clutter our brains. Maybe after that, I will be able to shorten my letter to all of you.

The history of Network is once again up and rolling. A BIG thank you goes to Joan Heybruck, who graciously offered her services to be our Historian. (now there is room in my trunk to go shopping.)

Now that autumn is officially here, and summer vacations have ended, it is time for most of us to begin a heavy work load. The shorter days are filled with many activities. I truly commend all of you who have made the commitment to Network and continue, in spite of your busy schedules, to volunteer your services and donate your valuable time to helping Network. These members truly exemplify all that Network stands for: WOMEN HELPING WOMEN SUCCEED.

*Harriet*

## Luncheon Meeting

**October 1, 2002**

**Aldario's • 12:15 PM**

**Guest speakers:**

**Anita Taylor and Susan Lovallo**

**Our speakers promise to organize our money  
and de-clutter our brains.**

\$15.00 per person advanced reservations  
\$20.00 per person non-reserved luncheon seat

*(Please have check written out before coming  
to meeting. If you are paying cash, please have the  
exact amount. Thank you.)*

Members with email: Please RSVP to our website:  
[www.networkofexecutivewomen.org](http://www.networkofexecutivewomen.org)  
Or call Bonnie Clark at 203-878-2479

## GlamourFest is Coming... October 17

Please make your reservations early! And don't forget to bring your business cards.

This is a fundraiser for our scholarship fund and we are asking that you bring a door prize for our always popular drawings.

Invite your business associates, friends and family. Let's make this a huge success! See attached flyer.

## Thank You, Laurel Gardens



Harriet Haggerty, President of Network, presents Lisa Kinsella of Laurel Gardens Milford with a plaque in recognition of their ongoing support for The Network of Executive Women. Laurel Gardens has hosted a number of Network fundraising events; their tranquil setting and exquisite food make for a very special event.

## About our members

### Address Change:

- Terry Geibel  
Assistant Vice President Commercial Lending  
The Fairfield County Savings Bank  
67 Wall Street Norwalk, CT 06852  
(203) 857-5560, ext. 230  
Fax (203) 831-2932  
Banker

### Correction:

- Kim Kasparian  
Fax (203)384-6304

### New members:

- Ronnie Ann Ryan  
203-877-6444  
ronniesbiz@hotmail.com  
Personal Coach  
Business Services
- Jeanne DeFlorio  
Adopt an Adventure  
65 Old Foxon Road  
East Haven, CT 06513  
203-506-0455  
Friendofrecovery@aol.com  
Personal Coach  
Business Services

*Please make these additions and corrections in your new Membership Directory.*

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Newsletter designed and edited by Judith Gould & Associates. Please send all Network newsletter information two weeks prior to the next meeting, to Judith Gould at (fax) 878-9613 or email -judygould@aol.com.

## Spotlight on

### *Carrie Alonzo* *Owner, Milford Body Therapy*

In the heart of our charming and growing Milford Center lies Milford Body Therapy. Owned by Carrie Alonzo, it is a serene and elegant business providing the finest in Massage Therapies and Facials.

Carrie, a Licensed Massage Therapist(LMT), prides herself on the variety of techniques that she can offer clients. They include, but are not limited to, Deep Tissue Massage, Acupressure and Active Isolated Stretching. Carrie's main goal is to spread the knowledge that massage, in one form or another, is NECESSARY for EVERYONE. There is no dispute that Gravity affects us all. Through stretching, proper diet, exercise and massage we can arm our body with the best possible defense system.

Carrie and all of the LMT's at Milford Body Therapy understand that your needs change often. One day you may require extra focus on that chronic ache in your low back and hips. Other days you may prefer a full body session to release mental tension and escape to your own sanctuary of peace. You deserve this special attention.

Milford Body Therapy also offers European Facials, Holistic Facials, Hot Stone Therapy, Body Waxing and "Synergie", an effective FDA approved cellulite reduction program.

Our LMT's are truly gifted and without question you will experience the benefits. Mae West once said "Too much of a good thing is wonderful."



*Save the Date...*

**Next Meeting**  
**November 1**

**Carole Jacoby presents**  
**"Stress Busters" for the holidays**

*Visit us on the web ~*  
[www.networkofexecutivewomen.org](http://www.networkofexecutivewomen.org)



*Women Helping Women Succeed*

PO Box 3171  
Milford, CT 06460-0971

**GlamourFest Flyer Enclosed**  
**Come to the luncheon and get your**  
**2002-03 Membership Directory**

*Women Helping  
Women Succeed*



**NETWORK OF  
EXECUTIVE  
WOMEN INC.**

**NETWORK OF EXECUTIVE WOMEN  
PRESENTS**

# *GlamourFest* **2002**

**SLATED SPECIAL GUEST: ROSA DELAURO**

**JOIN US FOR AN ENCHANTED EVENING FULL OF GLAMOUR, FUN,  
GOURMET GOODIES AND MORE...**

**THURSDAY OCTOBER 17, 2002**

**6:00 – 9:00 PM**

**HOSTED BY  
EASTERN REHABILITATION CENTER  
9 RESEARCH DRIVE  
MILFORD, CT**

**SPONSORED BY**



**THE MILFORD BANK**

**\$25.00 PER PERSON IN ADVANCE; \$30.00 AT DOOR**

**~ Proceeds Support Network's Scholarship Fund ~**

***INCLUDES PAMPERING OF ALL KINDS - HAIR, SKIN, NAILS, MAKEUP,  
FASHIONS, JEWELRY, PERSONAL COACHING TIPS, MASSAGES,  
GOURMET DESSERT INDULGENCES...AND MORE!***

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Please make checks payable to: Network of Executive Women  
Detach and mail this portion along with your check to:  
Network of Executive Women P.O. Box 3171 Milford, Connecticut 06460-0971

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Number of Guests: \_\_\_\_\_ Total # Tickets: \_\_\_\_\_ x \$25 Check Total: \$ \_\_\_\_\_

Please provide names of Guests: \_\_\_\_\_

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